

## Mayo Clinic Talks Podcast Series 1 – Online

### Activity Description

Mayo Clinic Talks is a podcast released weekly, hosted by Darryl Chutka, M.D., a general internist at Mayo Clinic. As a podcast, it offers up to date, relevant and practical medical information which is useful for the primary care provider. Access to Mayo Clinic providers from numerous medical specialties as podcast guests, allows the podcast to cover an extremely wide variety of pertinent medical topics. Keeping each podcast to 20 minutes in duration allows the busy healthcare provider an opportunity to obtain useful information in a succinct format.

### Target Audience

This activity is appropriate for physicians, nurse practitioners, and physician assistants.

### Learning Objectives\*

- Describe the current treatment recommendations for patients with hyperlipidemia.
- List the various categories of hypertension.
- Describe the current pharmacologic treatment available for patients with osteoporosis.

### Accreditation Statement\*



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statement(s)\*

#### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of **20.00** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Disclosure Summary\*

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

#### Relevant financial relationship(s) with industry:

Elie F. Berbari, M.D.	Consultant	Mayo Clinic
	Full Time/Part Time	Mayo Clinic
	Employee	
Richard J. Caselli, M.D.	Consultant	NeuroEM
	Grant/Research Support	National Institute on Aging DHS Arizona
	Honoraria	Flinn Foundation Board Member
Caroline J. Davidge-Pitts, M.B., B.Ch.	Honoraria	AACE
Debbie L. Fuehrer, L.P.C.C.	Full-time/Part-time Employee	Mayo Clinic
Philip T. Hagen, M.D.	Consultant	Mayo Clinic

Mitchell R. Humphreys, M.D.	Consultant	Auris, Olympus, Boston Scientific - Advisory Board Member (compensation goes to Mayo)
	Grant/Research Support	Endourology, Fellowship support for the Dept of Urology: Cook Urologic, Boston Scientific
Robert M. Jacobson, M.D.	Other - Safety Review Committee and Data Monitoring Committee	Merck
John B. Kisiel, M.D.	Grant/Research Support	Exact Sciences, Madison WI
	Other: Intellectual property (patents)	Exact Sciences, Madison WI
Stephen L. Kopecky, M.D.	Consultant	Prime Therapeutics
	Grant/Research Support	True Health
Gregory A. Poland, M.D.	Consultant	Merck & CO. Inc., Avianax, Adjuvance, Sanofi Pasteur, GlaxoSmithKline, Emergent Biosolutions, Medicago, and Dynavax
	Grant Research Support	Grants funded by the National Institutes of Health: R01 AI33144-23, R37 AI048793-16, R01 AI32348-01
	Honoraria	Terrapinn
	Full-time/Part-time Employee; Mayo Clinic, NCH Healthcare System	Mayo Clinic, NCH Healthcare System
Gary L. Schwartz, M.D.	Other	Member Pharmacy and Therapeutics Committee Prime Therapeutics
Michael H. Silber, M.B., Ch.B.	Honoraria	UpToDate; Oakstone Publishing; American Academy of Sleep Medicine
Jerry W. Swanson, M.D., MHPE	Other	Royalties from UpToDate for editorial responsibilities.

***No relevant financial relationship(s) with industry:***

**Name**

Katherine W. Arendt, M.D.	Robin G. Molella, M.D., M.P.H.
Matthew A. Bartlett, M.B., B.Ch., B.A.O.	Lois J. Mc Guire, APRN, C.N.P.
Anjali Bhagra, M.D.	Daniel P. Montero, M.D.
Jeffrey S. Brault, D.O.	Catherine W. Njathi-Ori, M.D.
M. Regina Castro, M.D.	Suzanne M. Norby, M.D.
Ying Ying (Christina) Chen, M.D.	Erin K. O'Brien, M.D.
Darryl S. Chutka, M.D.	Tyler S. Oesterle, M.D., M.P.H.
Maria L. Collazo-Clavell, M.D.	Thomas P. Pittelkow, D.O., M.P.H.
Clayton T. Cowl, M.D., M.S.	Kenneth G. Poole, Jr., M.D., M.B.A.
Mark Denis P. Davis, M.D.	Bobbi S. Pritt, M.D.
Sherilyn W. Driscoll, M.D.	Cara C. Prideaux, M.D.
Denise M. Dupras, M.D., Ph.D.	Sandhya Pruthi, M.D.
David R. Farley, M.D.	S. Vincent Rajkumar, M.D.
Jonathan T. Finnoff, D.O.	Stacey A. Rizza, M.D.
Kevin C. Fleming, M.D.	Thom W. Rooke, M.D.
Amy E. Foxx-Orenstein, D.O.	Robert Scales, Ph.D., M.S.
Arne H. Graff, M.D.	Jacob L. Sellon, M.D.
Robert Haddon, M.D., M.S.	David B. Soma, M.D.

Stephanie L. Hansel, M.D., M.S.  
 Maryjane (MJ) F. Harris, D.O.  
 Sharonne N. Hayes, M.D.  
 J. Taylor Hays, M.D.  
 Donald D. Hensrud, M.D., M.S., M.P.H.  
 Emily J. Holm, Pharm.D., R.Ph.  
 Daniel L. Hurley, M.D.  
 Ekta Kapoor, M.B.B.S.  
 Kurt A. Kennel, M.D.  
 Carol L. Kuhle, D.O., M.P.H.  
 Edward R. Laskowski, M.D.  
 Stephen P. Merry, M.D.

Bruce Sutor, M.D.  
 Melanie D. Swift, M.D.  
 Paul Y. Takahashi, M.D.  
 Jacqueline M. Thielen, M.D.  
 Jon C. Tilburt, M.D.  
 Audrey J. Umbreit, Pharm.D., R.Ph.  
 Gerald W. Volcheck, M.D.  
 Nafisseh S. Warner, M.D.  
 John M. Wilkinson, M.D.  
 Emily Gammell  
 Theresa Malin  
 Jeannie Poterucha-Carter

***References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:***

<b>Name</b>	<b>Manufacturer/Provider</b>	<b>Product/Device</b>
Richard J. Caselli, M.D.		General class of antipsychotic drugs in managing agitation; No specific drug, just the general class
Caroline J. Davidge-Pitts, M.B., B.Ch.		Hormone therapy for gender dysphoria
Stephanie L. Hansel, M.D., M.S.	Multiple Manufacturers	Tricyclic antidepressants
Jacqueline M. Thielen, M.D.		Testosterone

**Mayo Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by these recordings may have occurred since the date of original release.

**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

**How to Obtain Credit**

To obtain credit, complete the post-assessment, evaluation, and submit.

**Method of Participation**

Participation in this activity consists of listening to the podcasts, completing the post-assessment, and evaluation.

**Release and Expiration Dates\***

Release Date: 12/13/2019  
 Expiration Date: 12/12/2022

**Faculty and Course Director Listing and Credentials**

Course Director  
 Darryl Chutka, M.D.

Faculty

Katherine W. Arendt, M.D.  
 Matthew A. Bartlett, M.B., B.Ch., B.A.O.  
 Elie F. Berbari, M.D.  
 Anjali Bhagra, M.D.  
 Jeffrey S. Brault, D.O.

Richard J. Caselli, M.D.  
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 Ying Ying (Christina) Chen, M.D.  
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Sherilyn W. Driscoll, M.D.  
Denise M. Dupras, M.D., Ph.D.  
David R. Farley, M.D.  
Jonathan T. Finnoff, D.O.  
Kevin C. Fleming, M.D.  
Amy E. Foxx-Orenstein, D.O.  
Debbie L. Fuehrer, L.P.C.C.  
Arne H. Graff, M.D.  
Robert Haddon, M.D., M.S.  
Philip T. Hagen, M.D.  
Stephanie L. Hansel, M.D., M.S.  
Maryjane (MJ) F. Harris, D.O.  
Sharonne N. Hayes, M.D.  
J. Taylor Hays, M.D.  
Donald D. Hensrud, M.D., M.S., M.P.H.  
Emily J. Holm, Pharm.D., R.Ph.  
Mitchell R. Humphreys, M.D.  
Daniel L. Hurley, M.D.  
Robert M. Jacobson, M.D.  
Ekta Kapoor, M.B.B.S.  
Kurt A. Kennel, M.D.  
John B. Kisiel, M.D.  
Stephen L. Kopecky, M.D.  
Carol L. Kuhle, D.O., M.P.H.  
Edward R. Laskowski, M.D.  
Stephen P. Merry, M.D.  
Robin G. Molella, M.D., M.P.H.

Lois J. Mc Guire, APRN, C.N.P.  
Daniel P. Montero, M.D.  
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Tyler S. Oesterle, M.D., M.P.H.  
Thomas P. Pittelkow, D.O., M.P.H.  
Gregory A. Poland, M.D.  
Kenneth G. Poole, Jr., M.D., M.B.A.  
Bobbi S. Pritt, M.D.  
Cara C. Prideaux, M.D.  
Sandhya Pruthi, M.D.  
S. Vincent Rajkumar, M.D.  
Stacey A. Rizza, M.D.  
Thom W. Rooke, M.D.  
Robert Scales, Ph.D., M.S.  
Gary L. Schwartz, M.D.  
Jacob L. Sellon, M.D.  
Michael H. Silber, M.B., Ch.B.  
David B. Soma, M.D.  
Bruce Sutor, M.D.  
Jerry W. Swanson, M.D., MHPE  
Melanie D. Swift, M.D.  
Paul Y. Takahashi, M.D.  
Jacqueline M. Thielen, M.D.  
Jon C. Tilburt, M.D.  
Audrey J. Umbreit, Pharm.D., R.Ph.  
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John M. Wilkinson, M.D.

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