

Friday, October 29, 2021

Mayo Clinic Conference on Brain Health and Dementia 2021-LIVESTREAM

9:15 a.m.-2:00 p.m. **Central Time**

Workshop electives starting at 2:30 p.m.

9:15 a.m.	Live Streaming Opens
9:30 a.m. – 9:50 a.m.	Official Welcome / Conference Overview
9:50 a.m. – 10:20 a.m.	Alzheimer’s: The Truth About Where We’ve Been – A Vision to do Better <i>Jason Karlawish, M.D., University of Pennsylvania Perelman School of Medicine</i>
10:20 a.m. – 10:50 a.m.	Diverse and Underrepresented Populations: Addressing the Obstacles <i>Carl V. Hill, Ph.D., MPH - Chief Diversity, Equity and Inclusion Officer, Alzheimer’s Association, Washington D.C.</i>
10:50 a.m. – 11:30 a.m.	Brain Health & Dementia: The Science, the Research, and the Hope <i>Moderator: Carl V. Hill, Ph.D., MPH, Alzheimer’s Association</i> <i>Panelists:</i> <ul style="list-style-type: none">• <i>Sarah Lenz Lock, SVP Policy & Brain Health, AARP, Exec. Director, Global Council on Brain Health</i>• <i>Ronald Petersen M.D., Ph.D. Director Mayo Clinic Alzheimer’s Disease Research Center</i>• <i>Tetyana Shippee, Ph.D., School of Public Health, University of Minnesota</i>
11:30 a.m. – 12:45 p.m.	Lunch Break 12:00-12:40 Lunch & Learn: Understanding Alzheimer’s Disease and Dementia <i>Lynne Hemann, Community Educator, Alzheimer’s Association MN-North Dakota</i>
12:45 p.m. – 1:05 p.m.	A Brighter Path Forward – The Community Answer <i>Sarah Lenz Lock, SVP Policy & Brain Health, AARP, Exec. Director, Global Council on Brain Health</i>

<p>1:05 p.m. – 2:00 p.m.</p>	<p>HOPEFEST!</p> <p>A showcase of local and national initiatives aimed at improving the lives of those living with dementia and care partners.</p> <ul style="list-style-type: none"> • A Historic African American Neighborhood Becomes Dementia Friendly • Connecting Caregivers via Pairing Technology • Lewy Body Life: A New Podcast • Addressing Health Inequities through Real Reform • Building Empathy through Virtual Reality • Transforming Primary Care for Improved Caregiver Training • Dementia Friendly America – The Next Big Step • The Sights, the Sounds, and the Feel of Hope
<p>2:00 p.m. - 2:15 p.m.</p>	<p>Reflections</p> <p>Announcements</p>
<p>2:30 p.m.- 4:00 p.m.</p>	<p>Afternoon Workshops Options:</p> <ul style="list-style-type: none"> • Why We Sing for those living with dementia and all who are interested • Caring with Presence for family care partners and professionals • Ethical Issues around Dementia for care professionals and family care partners • TBD <p>Additional details about each workshop are described below – please scroll down</p>

Why We Sing

Presenters	Jeanie Brindley Barnett, Suzy Johnson, Jodi Melius, R.N.
Who should attend	Everyone is welcome especially those affected by memory loss or dementia and their family/care partners.
Description	Participate in this joy-filled, educational workshop to learn, feel, and experience how arts-based programs like music positivity impact brain health and offer a host of other benefits that affect overall wellness.

Caring with Presence

Facilitators	Michelle Barclay M.A., Laura Rice-Oeschger LMSW
Who should attend	Dementia Caregivers/Care Partners; both family and professional
Description	Integrating evidence-based mindfulness approaches, those attending this workshop will learn and experience ways to address everyday stress. The workshop includes facilitated mindfulness practices, as well as opportunities for self-care and reflection. Participants will receive resources to take home for further exploration.

Ethical Issues

Panelists	Jason Karlawish M.D., Dorothea Harris, MSW, LICSW, Eric Tangalos, M.D., Jayne Clairmont, B.S.
Who should attend	Health Care Professionals including Social Workers, Nurses, Therapists, Doctors, Clergy/Spiritual, Elder Advocates, Healthcare Administrators; family care partners are also welcome.
Description	Dementia raises many ethical issues. The patient, family, and medical team bring different perspectives that need to be considered, and approaches that guide decisions vary across demographics and stage of the disease. In this workshop case studies highlight ethical issues for discussion including disclosing the diagnosis, truth telling, and end of life decisions.